

Corporate Federal Credit Union

Identify & Mitigate | Protecting Your Credit Union from Cyber Threats

Dean Choudhri, CISSP, CISM, CRISC
Vice President, Cybersecurity and Information Assurance,
Alloya Corporate FCU

www.alloyacorp.org




1

Agenda

- Cybersecurity Goal and Strategy
- Cyber Landscape
 - Ransomware
 - Business Email Compromise
- PART: Best practices that your credit union needs to follow to avoid becoming a victim.
- Reporting

www.alloyacorp.org




2

Cybersecurity Goals

- What is/are the goals of your cybersecurity program?
 - To reduce vulnerabilities?
 - Reduce tools?
 - Increase protection capabilities?
 - Be an industry leader or a follower?

www.alloyacorp.org




3

Cybersecurity Strategy

- Needs to be tied to the business strategy
 - Senior management sponsorship is critical
 - Tell the organization ALL of what you're doing (it's more than patching)
- Limit your attack surface
 - Harden your systems
 - Patch regularly
 - Restrict and limit access
- Monitor
 - Visibility and monitoring
 - Threat intelligence
 - What's going on? What impacts the U.S.?

www.alltopcorp.org




4

Cybersecurity Strategy

- Visibility and Monitoring
 - Ensure visibility into all assets
 - Allocate appropriate time for monitoring
 - Helps you learn what's normal
 - Threat intelligence
- Culture of Security
 - Continuous training
 - Support from all business units
- Incident Response Plan
 - Prepare to recover
 - Test your plan via tabletop exercises

www.alltopcorp.org




5

Cybersecurity Strategy

- Accept that some attacks may defeat your defenses, and plan on this basis. Use layered controls.
- Be prepared (incident response) for a successful cyber attack.
- Ensure your CU has the skills and resources to quickly identify and isolate problems, determine the level of investigation and response required, and maintain business as usual.
- Importantly, security measures should make organizations more resilient, and not restrict core business.

www.alltopcorp.org



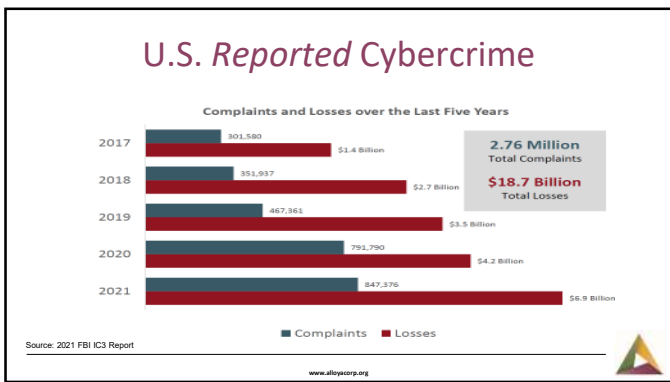
6

Cybersecurity Landscape Covid, War, Geopolitics...

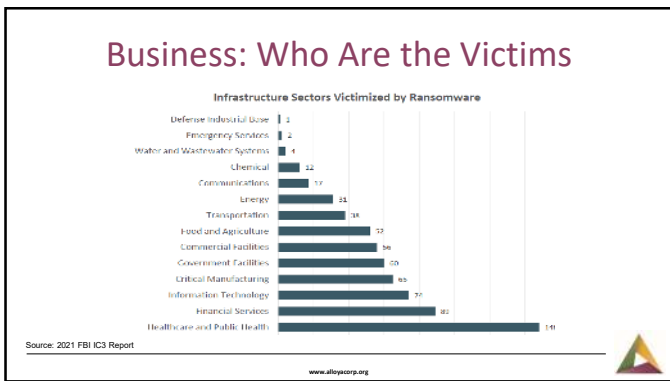
www.alltopcorp.org



7

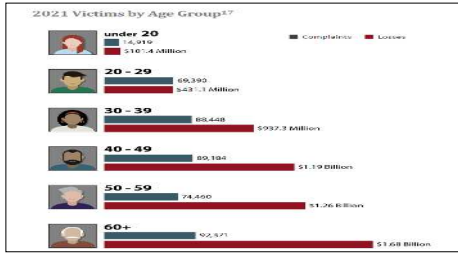


8



9

Consumers: Who Are the Victims?

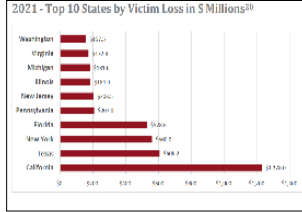
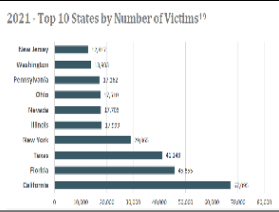


Source: 2021 FBI IC3 Report

www.atozops.org

10

Where Are the Victims



Source: 2021 FBI IC3 Report

www.atozops.org

11

Reported Crime Types

The stuff we must look out for all the time. **PLUS, these two.**

By Victim Count	Victims	Losses	Victims	Losses
Phishing/Spam/Scam/Impersonation	22,972	11,539	Phishing/Spam/Scam/Impersonation	11,539
Identity Theft	16,420	1,124	Identity Theft	1,124
Business Email Compromise	12,829	6,868	Business Email Compromise	6,868
Card Skimming	11,679	4,917	Card Skimming	4,917
Consumer	11,369	4,271	Consumer	4,271
Child Abuse or Neglect/Abuse or Neglect	10,380	1,124	Child Abuse or Neglect/Abuse or Neglect	1,124
Text Scam	10,113	2,477	Text Scam	2,477
Investment	10,043	1,124	Investment	1,124
Computer	10,043	1,124	Computer	1,124
Shopping	10,043	1,124	Shopping	1,124
Child Care Fraud	10,043	1,124	Child Care Fraud	1,124
Employment	10,043	1,124	Employment	1,124
Other	10,043	1,124	Other	1,124
Domestic Terrorism/Extremism	10,043	1,124	Domestic Terrorism/Extremism	1,124
Health Information	10,043	1,124	Health Information	1,124
Social Media	10,043	1,124	Social Media	1,124

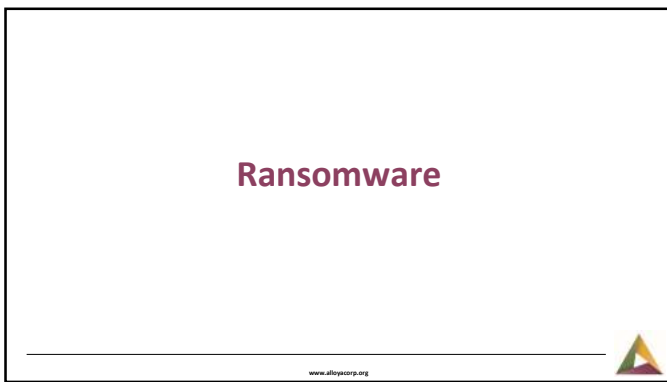
Source: 2021 FBI IC3 Report

www.atozops.org

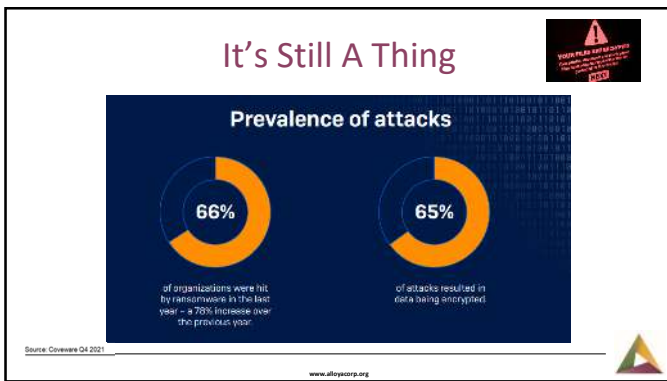
12



13



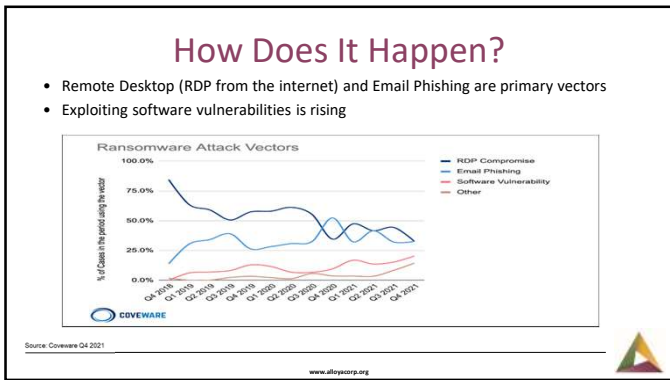
14



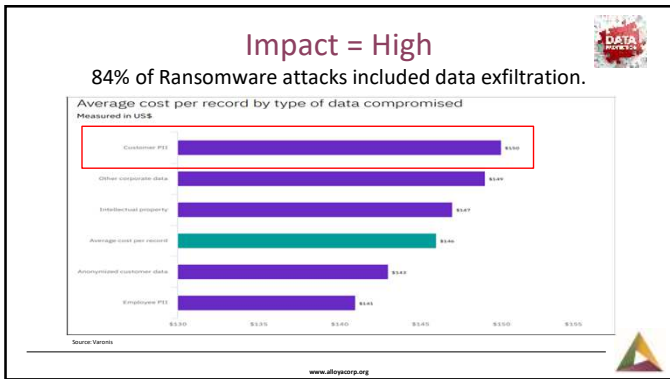
15



16



17



18

Ransomware Recovery

Data recovery after the attack

99%

of those whose data was encrypted got some data back.

#1

method used to restore encrypted data was backups.

46%

paid the ransom to get data back.

61%

of encrypted data was restored, on average, after paying the ransom.

4%

that paid the ransom got all their data back.

- Backups are key to Ransomware recovery
- Allocate time to validate backups and test restoration

Source: Coveware Q4 2021 www.abipcorp.org

19

Impact and Cost

The business impact of ransomware

90% ransomware attack impacted their ability to operate

86% ransomware attack caused loss of productivity

\$1.4M average cost to remediate an attack

ONE MONTH average time to recover from an attack

Median Ransom Payment
\$117,116
+53% from Q3 2021

Ransom Payments By Quarter

— Average Ransom Payment — Median Ransom Payment

Source: Coveware Q4 2021 www.abipcorp.org

20

Ransomware

Median Ransom Payment:

\$117,116

+53% from Q3 2021

Ransom Payments By Quarter

— Average Ransom Payment — Median Ransom Payment

Source: Coveware Q4 2021 www.abipcorp.org

21

Insurance Can Play A Role

- If you can get, it still plays a role
- Members and regulators expect it

Cyber insurance take-up

83%
have cyber insurance against ransomware.

94%
have found it harder to secure cyber insurance cover over the last year.

97%
have made changes to their defenses to improve their cyber insurance position.

Source: Veritas www.alloycorp.org

22

Ransomware Protection

- Backup your data / have a resilient backup strategy
- Patch (more on this later)
- Business interruption is the most significant cost (figuring out what happened, who to tell, how to recover, etc.)
- Average impact is 20 days

www.alloycorp.org

23

Phishing/Business Email Compromise

- Phishing
 - Emails that appear to be from legitimate institutions
 - NACHA, Amazon, FedEx, Microsoft, LinkedIn, Facebook, etc.
 - Entice you to click on link or attachment
 - 4% of users will always click!
- Business Email Compromise (BEC)
 - Spoof company email accounts and impersonate executives
 - Use hacked email accounts of your vendors to send invoices to AP department

www.alloycorp.org

24

Spotting a Phish

- One thing all phishing messages have in common is they will include a [link](#), attachment or picture for you to click on.
- Clicking on this item will:
 - Direct you to a website that appears to be legitimate and ask for some type of account information or username and password.
 - Or install malicious software (*malware*) on your computer which will steal your information or credentials without your knowledge.

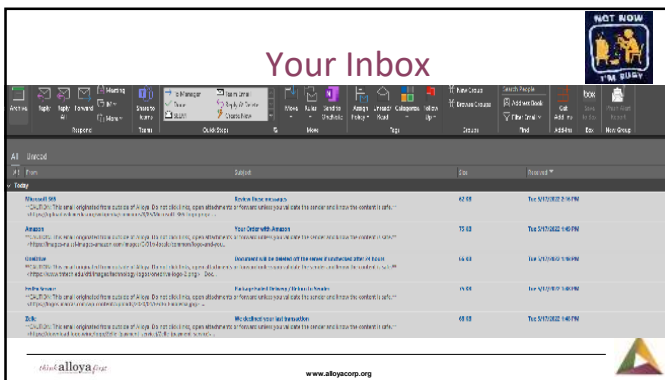
alloya.org

www.alloycorp.org



25

Your Inbox



alloya.org

www.alloycorp.org



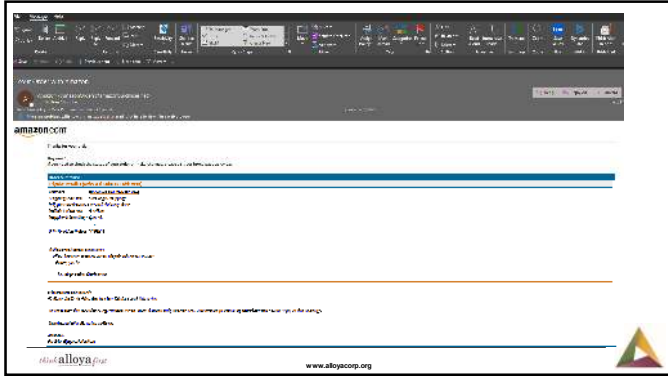
26

Business Email Compromise (BEC)

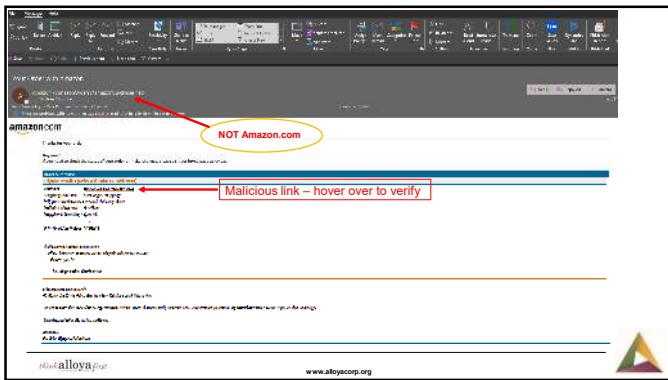
www.alloycorp.org



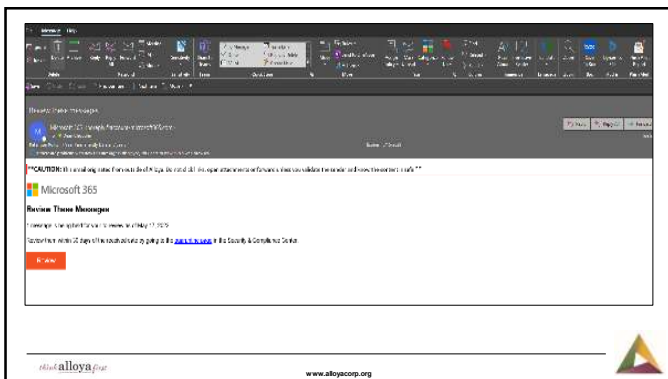
27



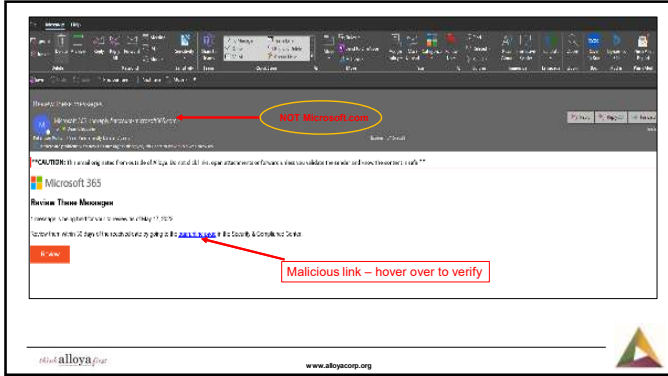
28



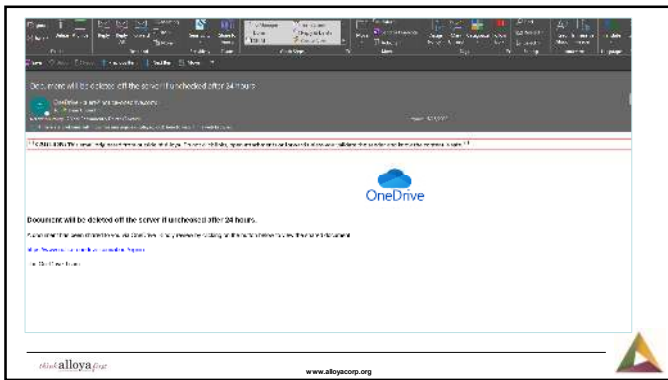
29



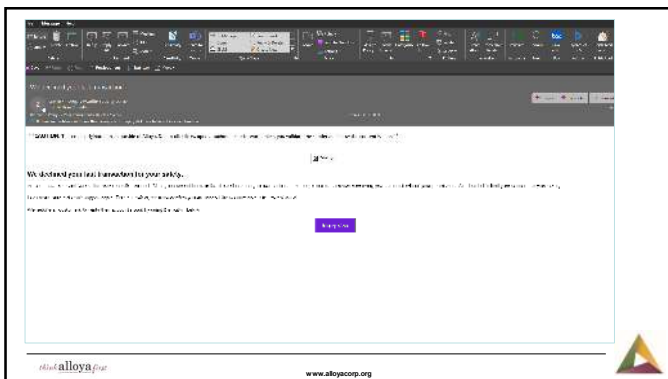
30



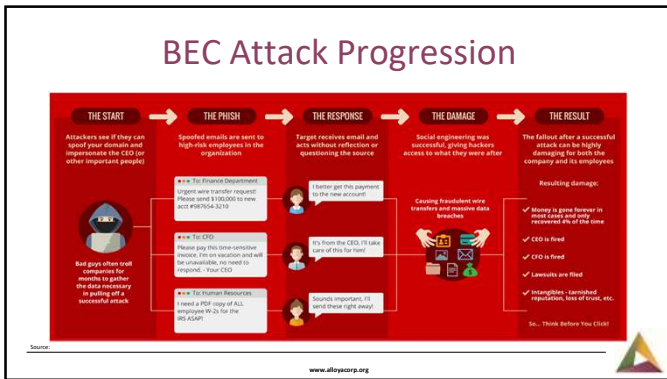
31



32



33



34

Business Email Compromise

- BEC was not even in the top five of reported crimes
- BEC accounted for nearly 35% of the \$6.9 billion in reported 2021 losses

IC3 has observed an emergence of newer BEC/EAC schemes that exploit this reliance on virtual meetings to instruct victims to send fraudulent wire transfers. They do so by compromising an employer or financial director's email, such as a CEO or CFO, which would then be used to request employees to participate in virtual meeting platforms. In those meetings, the fraudster would insert a still picture of the CEO with no audio, or a "deep fake" audio through which fraudsters, acting as business executives, would then claim their audio/video was not working properly. The fraudsters would then use the virtual meeting platforms to directly instruct employees to initiate wire transfers or use the executives' compromised email to provide wiring instructions."

www.alltopcorp.org

35

BEC Protection

1) Protect	2) Authorize	3) Authenticate	4) Simulate
Company Domain <ul style="list-style-type: none"> • Establish a DMARC record (validates your email servers) Email accounts <ul style="list-style-type: none"> • Enable two-factor authentication and Conditional Access Policy Awareness <ul style="list-style-type: none"> • Attacks occur when execs are out of the office 	<ul style="list-style-type: none"> • Minimize number of people who process/approve wire transfers • Publish a list of authorized folks to all employees 	<ul style="list-style-type: none"> • Require dual approval • Verify new or different payments • Create max dollar amount that can be withdrawn via wire 	<ul style="list-style-type: none"> • Adopt anti-phishing program • Identify real phishing scenarios and incorporate them into your tests

www.alltopcorp.org

36

BEC Mitigation

Prevent BEC fraud in 6 easy steps

1. Revisit your wire transfer protocols
2. Train employees on similar scams and fraud schemes
3. Revise your data security procedures
4. Improve security on web-based email and applications
5. Test and improve your enterprise-wide technology
6. Remediate identified issues

- Via Office 365/Exchange Online
 - Use Conditional Access Policies
 - Only CU managed devices can connect to CU resources
 - Significantly reduces possibility of exploit
- Require multi-factor authentication

www.allycorp.org

37

Business Email Compromise

- Contact the originating financial institution as soon as fraud is recognized to request a recall or reversal and a Hold Harmless Letter or Letter of Indemnity.
- File a detailed complaint with www.ic3.gov. It is vital the complaint contains all required data in provided fields, including banking information.
- Never make any payment changes without verifying the change with the intended recipient. Verify email addresses are accurate when checking email on a cell phone or other mobile device.

www.allycorp.org

38


PART Principle for Protection

- Patching and Vulnerability Management
- Awareness
- Restrict
- Threat Intel

www.allycorp.org

39

Patching




- Patching and Vulnerability Management
 - Ensure that **all** assets are being scanned regularly (weekly)
- Use asset classification to prioritize patching
 - Create three zones:
 - Zone A: Externally facing servers (web servers, VPN, etc.)
 - Zone B: Internal systems/servers
 - Zone C: Printers/IoT
 - Prioritize patching based on zone and criticality
 - e.g., Critical vulnerability in Zone A is patched *immediately*

www.alltopcorp.org

40

Awareness




- Provide training to your users regularly (short and frequent).
- Test your users regularly (monthly).
 - Not a game of "gotcha"
 - Tell them you will be doing this-it builds trust
 - Users who fail get more training
 - Users who pass get rewarded
 - Gift card, etc.

www.alltopcorp.org

41

Restrict



- Restrict **ANY** device that is not owned and managed by you from connecting to **ANY** of your resources.
- Restrict (via removal) users from installing software on their machines.
- Restrict web browsing to business related sites. Everyone has a smart phone that can be used for this.
- No personal email (even Gmail) from devices connected to your network.
- Use MFA everywhere and for everyone (especially admins).

www.alltopcorp.org

42

Threat Intelligence

- Don't be caught by surprise.
- Subscribe to notifications from security vendors.
- CISA is an excellent resource.

www.alltopcorp.org

43

Reporting

- Know your audience and provide regular reports to both BOD and internal committees.
- Board of Directors
 - High level which illustrate CU's current security posture
 - Progress on exam and audit findings
- Internal committees
 - Can be more technical
 - Security posture, plus awareness on other (non-regular) items you worked on

www.alltopcorp.org

44

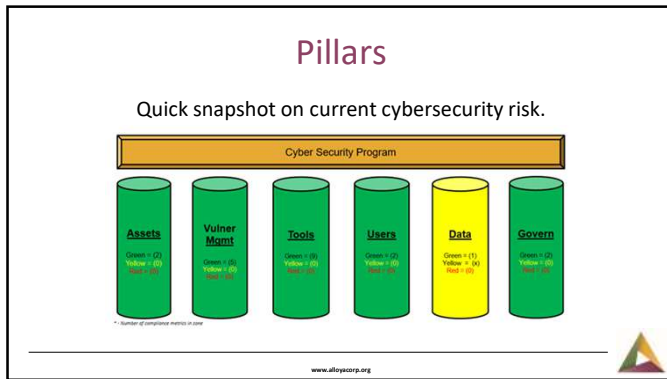
Risk Thresholds

- Cyber risk will always exist
- Establish and agree upon thresholds – how much risk is acceptable?

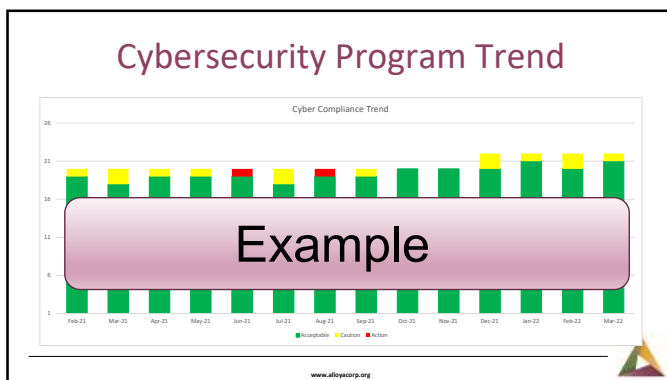
Control Description	Current State	Target State	Compliance
Policy 1 - Assets			
1.1.1. All assets are inventoried and categorized	Green	Green	100%
1.1.2. All assets are protected with appropriate security controls	Green	Green	100%
1.1.3. All assets are disposed of securely	Green	Green	100%
Policy 2 - Access Management			
2.1.1. All users are authenticated before access to systems	Green	Green	100%
2.1.2. All users are authorized to access only the information they need	Green	Green	100%
2.1.3. All users are notified of their access rights	Green	Green	100%
2.1.4. All users are notified of their access expiration date	Green	Green	100%
2.1.5. All users are notified of their access revocation date	Green	Green	100%
2.1.6. All users are notified of their access suspension date	Green	Green	100%
2.1.7. All users are notified of their access termination date	Green	Green	100%
2.1.8. All users are notified of their access deactivation date	Green	Green	100%
2.1.9. All users are notified of their access suspension date	Green	Green	100%
2.1.10. All users are notified of their access termination date	Green	Green	100%
2.1.11. All users are notified of their access deactivation date	Green	Green	100%
2.1.12. All users are notified of their access suspension date	Green	Green	100%
2.1.13. All users are notified of their access termination date	Green	Green	100%
2.1.14. All users are notified of their access deactivation date	Green	Green	100%
2.1.15. All users are notified of their access suspension date	Green	Green	100%
2.1.16. All users are notified of their access termination date	Green	Green	100%
2.1.17. All users are notified of their access deactivation date	Green	Green	100%
2.1.18. All users are notified of their access suspension date	Green	Green	100%
2.1.19. All users are notified of their access termination date	Green	Green	100%
2.1.20. All users are notified of their access deactivation date	Green	Green	100%
2.1.21. All users are notified of their access suspension date	Green	Green	100%
2.1.22. All users are notified of their access termination date	Green	Green	100%
2.1.23. All users are notified of their access deactivation date	Green	Green	100%
2.1.24. All users are notified of their access suspension date	Green	Green	100%
2.1.25. All users are notified of their access termination date	Green	Green	100%
2.1.26. All users are notified of their access deactivation date	Green	Green	100%
2.1.27. All users are notified of their access suspension date	Green	Green	100%
2.1.28. All users are notified of their access termination date	Green	Green	100%
2.1.29. All users are notified of their access deactivation date	Green	Green	100%
2.1.30. All users are notified of their access suspension date	Green	Green	100%
2.1.31. All users are notified of their access termination date	Green	Green	100%
2.1.32. All users are notified of their access deactivation date	Green	Green	100%
2.1.33. All users are notified of their access suspension date	Green	Green	100%
2.1.34. All users are notified of their access termination date	Green	Green	100%
2.1.35. All users are notified of their access deactivation date	Green	Green	100%
2.1.36. All users are notified of their access suspension date	Green	Green	100%
2.1.37. All users are notified of their access termination date	Green	Green	100%
2.1.38. All users are notified of their access deactivation date	Green	Green	100%
2.1.39. All users are notified of their access suspension date	Green	Green	100%
2.1.40. All users are notified of their access termination date	Green	Green	100%
2.1.41. All users are notified of their access deactivation date	Green	Green	100%
2.1.42. All users are notified of their access suspension date	Green	Green	100%
2.1.43. All users are notified of their access termination date	Green	Green	100%
2.1.44. All users are notified of their access deactivation date	Green	Green	100%
2.1.45. All users are notified of their access suspension date	Green	Green	100%
2.1.46. All users are notified of their access termination date	Green	Green	100%
2.1.47. All users are notified of their access deactivation date	Green	Green	100%
2.1.48. All users are notified of their access suspension date	Green	Green	100%
2.1.49. All users are notified of their access termination date	Green	Green	100%
2.1.50. All users are notified of their access deactivation date	Green	Green	100%

www.alltopcorp.org

45



46




47

- ### Protection/Prevention
- Limit administrator privileges
 - Strengthen wireless security (at home and in office)
 - Do not allow users to install software
 - Email is for work purposes only
 - Do not tie your personal business (Amazon, Apple, personal banking) to your work email address
 - Patch systems...quickly
 - Use and **UPDATE** your anti-virus software and use anti-malware software. Newer AV uses AI for increased protection.
- www.allspire.org

48

What's Around The Corner?

- Permanent increase in remote workers
- Ransomware will continue to be a growing threat
 - Low cost; hackers make money by asking for money
 - Virtual currency payments
- Social engineering via:
 - Business email compromise
 - Phishing!
 - Phone and text
- Cloud migration increases 3rd party vendor risk
 - Visibility into your vendor's controls



www.alloycorp.org

49

Free Cybersecurity Resources

- Cybersecurity and Infrastructure Security Agency <https://www.cisa.gov/>
- FBI Internet Crime Complaint Center <https://www.ic3.gov/>
- Cyber Assessment Toolkit: https://www.fsscc.org/files/galleries/Copy_of_FSSCC_ACAT_v2.xlsx
- Phishing: <http://www.antiphishing.org>
- CIS Top 20: <https://www.cisecurity.org/controls/cis-controls-list/>
- NIST SP 800 Series: <https://csrc.nist.gov/publications/sp800>
- Premier View! We regularly post alerts regarding the latest security topics. <https://premierview.alloycorp.org>




www.alloycorp.org

50

Thank you!

Dean Choudhri, CISSP, CISM, CRISC
 Vice President, Cybersecurity & Information Assurance
 (518) 292-3846
 Dean.Choudhri@alloycorp.org



www.alloycorp.org

51
